



- Power outage leaves students trapped, working in the dark
- Cause of power failure still unknown
- Trash to treasure
- Softball loses two in shaky first weekend

'A drop in the bucket'



SIUE School of Nursing alumna experiences Haiti quake aftermath firsthand as nurse anesthetist

by Kari Williams
 Alestle Reporter

While a nurse was assisting in an emergency cesarean section surgery to save an unborn child, an unresponsive baby was brought to the hospital. The expressionless baby died—as the nurse stood helpless and hopeless—while the other baby lived.

Though she knew she should not think about the 'what ifs,' Emily Zimmerman, a recent SIUE master's of nursing graduate, had to push those questions out of her mind when she returned to the C-section and aided in saving that child's life.

"We tried for over 20 minutes to bring the baby back to life, but unsuccessfully, and I think that was the hardest part, was having a baby die, literally, in my arms," Zimmerman said. "That was something that I never wanted to ever have to experience."



Courtesy of Emily Zimmerman

Above: Old sheets and tarps became many Haitians only shelter following the earthquake, dubbed "tent cities." Bottom: SIUE nursing alumna Emily Zimmerman with the "miracle baby." Zimmerman helped with this baby's emergency cesarean -section.

School of Nursing professor Andy Griffin, one of Zimmerman's former professors, said he knew the types of things she would face and that it would be "quite intense," partly because she went to Haiti right after graduation.

"I just think it's a wonderful thing that she did," Griffin said. "It does not surprise me; if I was to say one of our students would do something like that just right off the bat, I would say that would be Emily Zimmerman."

Stationed in Port-au-Prince, in the Carrefour region, Zimmerman said she provided anesthesia during surgeries at a local hospital and performed nursing duties at a public health clinic setup across the street from the hospital. According to Zimmerman, there are only three hospitals still standing in the Port-au-Prince area.

ZIMMERMAN/pg.4

Illinois universities request payment schedule

by Greg Maddox
 Alestle Reporter

Feb. 10, the presidents of many of the major Illinois universities, including SIUE, composed a letter requesting that the governor and comptroller release a payment schedule for the money that is due to the universities that has not yet been received. So far, one week later, they have not received a reply.

The letter requested that the state government, particularly the comptroller's office, issue a timetable for when the schools will receive their due payments from the state of Illinois. It is well documented that SIUE, as well as many other universities throughout Illinois, have not received the payments from the government. According to Dave Gross, executive director for Governmental and Public Affairs, it is obvious how big of an impact the lack of funds is having.

"The schools have received about 28 percent of appropriation from the state, but the problem is that they are

SCHEDULE/pg.3

University looks to future, plans next building phase

by Rosie Githinji
 Alestle Online Editor

With the construction for the new science building underway, the university can move on to the next step in its 25-year plan.

According to Rich Walker, assistant vice chancellor of Administration, the plan was set in motion in January 2007.

"We do have a plan," Walker said. "The board of trustees has authorized some preliminary work on three new buildings."

Work on the Student Success Center, the Student Fitness Center and the Early Childhood Center is now complete.

"It puts us well on our way to achieving that plan," Walker said.

There are three new projects being planned, which include expansion on the Art and Design Building, the Engineering Building and the construction of a new athletic building that will be located near Korte Stadium, according to Walker.

NEXT STEP/pg.2

NEXT STEP from pg.1

Wipe out



by Sean Roberts/Alestle

Sophomore CMIS major Luke Mintert of St. Jacob slips off his sled Monday. Several inches of snow Sunday night prompted SIUE to close campus, giving students an unexpected day off to sleep, study and slide.

"We have hired an architect to help us figure out what everything is going to cost," Walker said. "It will be two or three months before we know the estimated project cost. The chancellor decided he didn't want the university to stay stagnant."

According to Vice Chancellor of Student Affairs N a r b e t h E m m a n u e l, prospective parents and students talk about the new facilities like the SSC, which is attached to the Morris University Center. The expectations for the SSC have been exceeded, according to Emmanuel.

"The Morris University Center has become the hub for student and social activities," Emmanuel said. "Based on what we've done, we've got faculty and participating staff members who are delighted with the work done."

He said much of the work that has been done, like the infrastructure work and improvements on the windows and roofs of classroom buildings, is probably not visible to students.

The students do see the work that has been done to the new "smart" classrooms in Peck Hall and are

benefitting from them since the chancellor released funds to get these projects going, according to Emmanuel.

Student Body President Brandon Rahn said SIUE has some of the newest buildings and now the cheapest tuition for universities in the state of Illinois.

"I think it's phenomenal that we continue to expand and offer students more," Rahn said. "I do think a health sciences building would be a great addition."

A health science building is not in the next phase of the 25-year plan being discussed.

J u n i o r accounting major Sarah McPike of Godfrey has

attended SIUE for one semester. She said it's important to have expansion since it increases the academic profile of the university, but that student life is important too.

"The buildings are nice, but I think student life is what keeps students here," McPike said. "I would rather some of the money was focused on academics."

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'I think it's phenomenal that we continue to expand and offer students more'

-Brandon Rahn, student body president

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Board of trustees addresses university funding woes

by Kari Williams
Alestle Reporter

Southern Illinois University President Glenn Poshard addressed the university's budget issues at the SIU Board of Trustees meeting on Thursday.

BOT Chair Roger Tedrick said SIU is operating out of "reserves and out of tuition." According to Tedrick, Duane Stucky, vice president for Financial and Administrative Affairs, addressed the budget issues.

"[Stucky] gave a report on best-case and worst-case scenarios and kind of middle of the road," Tedrick said. "They feel like we're OK on our cash flow until about August, and then if the state doesn't come through with paying us what they owe us, it'll be critical at that time."

Executive Assistant for Government Relations Dave Gross said the university expects "some federal money to come in the first of March," but said Poshard stressed the importance of being conservative with budget estimates for the fall semester.

"[Poshard] directed the chancellors to be very cautious about the spending next year and that we really need to be cognizant of the fact that we're not going to get out of this situation any time soon," Gross said.

In a worst-case scenario, Gross said the university would open up a line of credit at a bank, pending a bill currently going through the Illinois legislature. According to Gross, local and state governments use

this process, as well as businesses.

"The university would be able to ... borrow the funds until the state appropriation comes and be able to pay payroll that way. That's called cash flow borrowing authority," Gross said.

According to Gross, the university needs approximately \$9 million to meet payroll at the end of March, which he said is due April 1.

"We are expecting about \$15 million from the American Recovery Reinvestment Act. We're expecting those funds to arrive in the next couple of weeks, so we're very optimistic about where we stand right here now in the spring," Gross said.

The board approved the project and budget for fractionation equipment installation at SIUE's National Corn-to-Ethanol research center. The project's budget is estimated at approximately \$4.7 million, with the funding coming from pre-existing grants from the Illinois Department of Commerce and Economic Opportunity.

A contract was awarded to Southern Illinois University Carbondale to replace the floors in the Wall and Grand apartment complex.

Union Hill Road on the Carbondale campus will be widened and plans were approved for a wind turbine for electricity generation at SIUC as well.

The next BOT meeting will be April 8 at SIUE.

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SCHEDULE from pg.1

eight months into the fiscal year," Gross said.

The letter describes all the struggles the universities have been having. Many schools are being forced to make cuts and delay due payments to the last possible minute. The letter also states the harm it could cause for students.

"Without full funding of our appropriations in a timely manner, we will be forced to take even more drastic actions that will diminish the educational opportunities of our students and our service to the people of Illinois."

The letter does not beg for money, instead the school presidents ask for a timetable for payments so that the schools may accurately prepare themselves monetarily until the state funding is fully paid off. However, they have a lot of competition for a timetable like this. Gross mentions how common this request is becoming.

"There are so many different organizations that receive state funding, and they are wanting some direction or indication when funds will arrive. They don't know when or how much is coming, and they just need some assurance that the funds will flow," Gross said.

The job of budgeting state funds falls on the state Comptroller Daniel Hynes. He is charged with the difficult tasks of paying state bills and making sure every entity of the state receives money in a timely fashion. Needless to say, this is a daunting responsibility and Gross explains

some of the complications that are arising with the Comptroller's position.

"He's got a very difficult task. He's got billions of dollars in backlogs of bills, the revenue is declining, money is not coming in and is actually decreasing from a year ago," Gross said.

Gross said he is busy working at the Capitol trying to find answers and that he spoke with John Peters, president of Northern Illinois University, who said that they have yet to hear any response from the governor, comptroller or either staff.

"We're up here trying to talk to some of the comptroller's staff or the governor's staff. It's just difficult because the payment schedule to one group is affected when there are several groups wanting the same thing," Gross said.

Tom Hardy, executive director at the Office of University Relations, said that the goal was to stay in get in contact, and remain in contact with the state offices, but that goal has been unsuccessful so far.

"We haven't received a timetable yet. The goal was to be in contact with the governor and comptroller staffs. From what I am aware of there has been no communication," Hardy said.

Until the state government addresses the issue, the schools will continue to adjust their budgets and scrape by financially while they wait for due payments.

Greg Maddox can be reached at
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ZIMMERMAN from pg.1



Photos courtesy of Emily Zimmerman

Above: Zimmerman and other medical staff worked in this makeshift, outdoor operating room, consisting of two large blue tarps and an ancient floor lamp held up by a branch and a cinder block. 'It was really a disturbing scene, as if I was back in the Civil War era, only this is 2010,' Zimmerman said.



Photos courtesy of Emily Zimmerman

Above: After two weeks of immobilization, this boy finally got a pair of crutches and was elated to move around again.

Left: Zimmerman (center) and her team were made up of medical staff from countries around the world.

Originally, Zimmerman was supposed to work only with the health clinic, but she said she was one of only two anesthetists in the area. Zimmerman and the other anesthetist helped the hospital until another team could come in to relieve them.

"The first night that we got there, we were actually sleeping in our tents. We all slept right outside the clinic," Zimmerman said, "and somebody came running across the street from the hospital ... and shouting for an anesthetist to somebody we had talked to earlier in the day."

Zimmerman said she worked in surgery at the hospital, but tended to a multitude of sicknesses at the health clinic. Patients came to the clinic with respiratory problems from dust and pollutants, but HIV is very prevalent in Haiti.

"Sadly, a lot of them were people who had just never had access to medical care or any resources, and so they were just kind of coming in just as their first time ever having the opportunity to see a doctor," Zimmerman said.

Zimmerman compared the team she worked with to "working in the United Nations." The lack of equipment, combined with the skill of the doctors, impressed Zimmerman, who said doctors from China and America, among other countries, performed "highly technical surgeries" without the tools that doctors in the U.S. have.

"They were able to salvage people's limbs and save their limbs from being amputated, and without the modern technology we have," Zimmerman said.

She said doctors have to be independent, relying only on themselves and their own assessments.

"It's like everything that I've learned with anesthesia or with nursing you just kind of throw out the window and do the best you can with what you have," Zimmerman said.

According to Griffin, SIUE's nursing program, which allows students to see different cultures through working at various hospitals, prepared Zimmerman for the situation in Haiti.

"All of those things I think served her well for being all of sudden thrust into [a] different culture and seeing

things she hadn't utilized, and even different medications than what she was normally used to," Griffin said.

Zimmerman was the class representative to the Illinois Association of Nurse Anesthetists and was an involved student.

"Usually you think of someone who's doing something like that is somebody who's in practice for a

'They were ... optimistic about a really hopeless situation'

-Emily Zimmerman, SIUE nursing alumna

long time. But she was fresh out of school. Hats off to her, she did a good thing," Griffin said.

Nursing professor Paul Darr said the opportunity for Zimmerman to participate in a medical mission was a timely opportunity.

"I think it was opportunistic because of her having just graduated and not starting another job and her long time desire to do a medical mission trip," Darr said.

Zimmerman had discussed working in other countries with Darr because he has participated in approximately 15 missions of his own. According to Darr, Zimmerman's personality fits her chosen profession well.

"I just think that she's a very caring and compassionate person and as a nurse anesthetist, that's a very nice part of your personality to have," Darr said.

While volunteering, Zimmerman said the conditions

were "like a combat zone," but she never felt unsafe.

"What we see on TV is definitely highlighting the negative, but the overall picture that I saw was completely opposite. They're unbelievably peaceful. They're appreciative," Zimmerman said.

However, sanitation was cause for concern, Zimmerman said, partially because of the close living quarters.

"I kind of worry about ... [the Haitians] passing on that infection to each other and getting gangrene of their wounds, not being able to keep things clean just because the environment is just so poor," Zimmerman said.

Despite the conditions, Zimmerman said the Haitians have an optimistic attitude because they are trying to go on with their lives.

"They were very respectful, and they were just so resilient and positive and optimistic about a really hopeless situation that they have. They were always smiling," Zimmerman said.

Though she worked with the group Airline Ambassadors International and teamed up with Active Community and Teamwork Service, Zimmerman said she felt she barely scratched the surface of helping.

"We tried to do as much good and help as many people as we could, but it was just a drop in the bucket toward how much they still have to overcome," Zimmerman said.

Zimmerman said one of the things that causes worry is leaving the children who had surgery and hoping that "somebody is checking on them and looking after them."

Though her time in Haiti was short, Zimmerman said that its impact on her makes her miss being there now that she has returned to the states.

"It almost feels like centuries away. Like the things that were going on there, didn't even feel like we could possibly [be] in 2010 with some of the stuff that's going on over there," Zimmerman said. "I think it's easy for us to kind of feel disconnected from it."

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CampusLIVE merges personal and academic Web sites



Alestle staff photo

CampusLive consolidates popular Web and multimedia sites into one page unique to each SIUE student.

by Kory Peal
Alestle Reporter

Instead of surfing each Web site through individual searches, Web sites like www.campuslive.com have compiled personal and school-related sites into one location for students.

CampusLIVE, a Web site designed to help college students, combines a range of leisure Web sites including YouTube, Facebook, Twitter and eBay while providing educational resources like Web mail and Blackboard. CampusLIVE is also equipped with links to the Lovejoy Library and the campus Web Radio.

Offered by CampusLIVE to 150 colleges nationwide, SIUE is one of only four schools in Illinois with its own personal site. Mass communications professor Musonda Kapatamoyo said creating one page with direct access to frequently used Web

sites can be useful to students.

"It's a convenient social networking tool that young adults use," Kapatamoyo said. "It's a creative way of getting widgets and putting them together."

Started in 2007 by a group of students at the University of Massachusetts in Amherst, CampusLIVE was created to be a main Internet resource with both a combination of on and off-campus related lifestyles.

"It creates a platform where students can go and find everything," Kapatamoyo said.

CampusLIVE also offers some unique aspects as well. One widget included is the Food Finder. Clicking on a 'Dine Our' feature shows restaurant options, including full menus, food prices, store hours and phone numbers of local restaurants. From there, users can choose whether or not they want to dine in or have their food delivered.

Senior mass communications major Letoyia Snow is a frequent user of CampusLIVE.

"I use CampusLIVE often, especially in the Mac lab," Snow said. "They have top sites, and it makes it a lot easier."

However, there are other sites like CampusLIVE that SIUE students find convenient. Sophomore civil engineering major Aaron Green uses iGoogle, another virtual hub Web site like CampusLIVE.

"I just have a lot of stuff on my Google," Green said. "It's got everything so I go there frequently."

Sophomore psychology major Jameelah Mahdie also uses a different virtual hub Web site.

"I use Floc," Mahdie said. "I use it because it's similar to CampusLIVE."

However, when Mahdie was asked if she'd consider using CampusLIVE, she said it would change her Internet habits.

"I would definitely use CampusLIVE because it's definitely annoying opening five tabs," Mahdie said.

Senior theater performance major Tiffany Wilcox doesn't see a purpose for sites like these.

"I don't see any need for them," Wilcox said. "I have [sites] saved on my browser favorites."

Using Web sites like CampusLIVE can make everything from school to having a social life through the Internet much easier, according to Kapatamoyo.

"It's an advantage. It puts everything into one place."

Kory Peal can be reached at kpeal@alestlelive.com or 650-3527.

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Kyle Cease

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by Sean Roberts/Alestle

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All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words.

Please include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. However, care will be taken to ensure that the letter's message is not lost or altered.

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Online comments can be damaging despite the perceived anonymity

The Internet has made people over-confident and aggressive toward each other. The lack of an immediate physical response is a large part of why our society can be so vicious online.

Anonymity can be an empowering tool. Real emotions are let out, and usually, they aren't so nice.

This generation has access to hundreds of millions of people around the globe, and through the power of online comments, video games and blogs, they can blurt out ignorant comments on a massive scale.

The problem with anonymity on the Internet is that it really doesn't exist. IP addresses, registered e-mails, etc., give those who have access to that information an avenue to find true identities.

However, most derogatory messages are just taken down from view or ignored. There is little real consequence for those who offend, which has made some who use the Internet seem, to themselves, invincible.

Such is the case of Melissa Hussain, a middle school teacher in North Carolina who made comments on her Facebook about being "able to shame" her students after they left a Bible on her desk. She went on to say the act wouldn't "go unpunished" and she liked the idea of bringing in a swastika-marked Dale Earnhardt Jr. poster to get even with the class.



Aren Dow

Comparisons to Nazis are nothing new on the Internet. But, there are those who now have established profiles on social networking sites, which can be public to millions of people. Their attitudes and arrogance levels haven't changed.

Hussain is now in danger of losing her job after parents complained of the comments. While she wasn't the only person making derogatory remarks, she will likely be the only one to face repercussions.

Employers are becoming more media-savvy. Some routinely check job applicants' sites or profiles to see who they are, and Facebook may now be a first impression of who an employer thinks that person is.

College students are particularly notorious for not filtering their posts, comments or whatever is posted online. Streams of consciousness are broadcast for everyone to read, whether everyone else wants to or not. While much of it is harmless, damaging words are often posted without a second thought of consequence.

Even pro athletes, who have people solely dedicated to improving their public image, have drawn fines from their respective leagues for comments they've made.

Caution should be taken when posting anything online. Treat your comments and posts online as if you were shouting them out in the middle of the Stratton Quadrangle. It's just about the same.

Aren Dow is a junior mass communications major from Springfield. He can be reached at adow@alestlelive.com or 650-3527.

Easy availability on the Internet means it is up to you to decide what to view

The death of Nodar Kumaritashvili, a 21-year-old luger from the country of Georgia, did not bode well as a kick-off to the Winter Olympics this year, and the video of his crash and pictures of medics trying to revive him don't bode well for the media.

YouTube now has videos of the Georgian luger who crashed during a training run before the opening ceremony of the Olympics.

The video does not show much, if you find the one of the actual crash. There is one picture that is included with a news story that shows a medic giving CPR to Kumaritashvili, who has blood streaming down his face. That image is more disturbing than the video.

It would seem that it is a question of ethics for news outlets to continue to show these images. But there are movies and video games that are more graphic than these few images, so why are those not an ethical concern?

Another issue is that Kumaritashvili's family should not have to find out about his demise this way, or that his death should not be something that is viewed over and over again thanks to Internet accessibility.

I don't think it is a problem at all, at least not from a media point of view.



Rosie Githinji

Morally, those who are reporting this story should have been more sympathetic and chosen to not show the blood and crash. But if people are willing to watch R-rated movies and play video games where they get more points for chopping off a head than saving someone, then this video is not much different, except it is real, and we know it's real.

Death is a part of life. From the moment you are born, you start dying. It's not a very optimistic outlook, but it is realistic. Some people live until they are 100 years old. Others die at 21 because of an accident that could have been avoided.

A girl in one of my classes said as soon as she heard about the accident she immediately searched for the video. It was only after watching a man die did she think maybe it was not right that everyone who is older than 18 can choose to view it.

If people are going to complain about the moral and ethical problems associated with making images like this available, maybe they should rethink their own "train wreck" mentality and refuse to search for something that terrible from the start.

If we did not crave images like this, they would become less available. The media is a business like everything else, and if you don't want it then they can't sell it.

Rosie Githinji is a senior mass communications major from Farina. She can be reached at rgithinji@alestlelive.com or 650-3524.

SPEAK OUT

What do you think about SIUE as an innovative leader?

"It doesn't really change my opinion, mainly because they didn't say what we're leading. To call someone an innovative leader could be in custodial management."

-Timothy Harden
junior CMIS major



-Heinz Peter
senior business major

"I've always thought the school had an excellent program so I've always been proud to go here. I think any awards the school gets, really, they deserved. I think it's safe to say obviously we do have terrific, terrific programs."

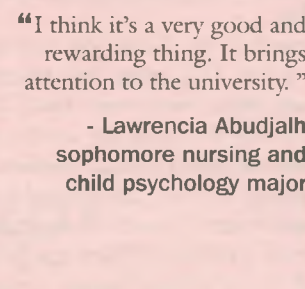
"SIUE is cool."

- Jason Clanton
sophomore kinesiology major



"It's a good thing. It doesn't sound like a bad thing by any means. I think that having a report like that can do nothing but bring growth to the school."

- J.B. Windel
staff, Campus Crusade for Christ



"I think it's a very good and rewarding thing. It brings attention to the university."

- Lawrencja Abudjahl
sophomore nursing and child psychology major



"When I was looking at Edwardsville, it's definitely improved over the years. They are a lot more student-based."

- Tiffany Davis
freshman secondary education and english major

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Sounds around town

The Pageant

by Kari Williams and Lindsey Oylar

Alestle Reporter and Alestle A&E Editor

With two levels and a 2,300 guest capacity, the Pageant, located in the Delmar Loop, has played host to Willie Nelson, Killswitch Engage and Story of the Year just this month.

From jazz to jam bands to hard rock and everything in between, Pat Hagan, owner of the Pageant, said they try to make the venue "as across the board as possible," where artists are concerned.

A majority of the shows consist of rock bands, but Hagan said for the last couple of years, February has been jam band month.

In December, the Pageant puts on a Pink Floyd tribute show which only features local bands, which Hagan said "draws very, very well."

St. Louis-based Ready the Cannons will play in the Halo Bar at the Pageant directly following Alice in Chains' performance for the 105.7 The Point Birthday Show. Last Nights Vice, another St. Louis band, most recently performed at the Halo Bar Dec. 17 as part of a LiveFeed benefit show. The Halo Bar only hosts shows for those 21 years of age and up.

One drawback to the venue is that

people of all ages cannot attend shows in the Halo Bar because of the age restriction. There is a minor section at the majority of the events, keeping minors in a restricted area.

The atmosphere differs from band to band, but one can rest assured that the tone will echo with thrilling vibes from any band that graces the stage.

Hagan said the venue is not set up to promote one specific genre.

"This is deliberate on our part. We don't decorate the place to try to fit in to one genre of music or another," Hagan said. "We try to be as neutral as we can there. So, any vibe or feel is almost totally depends upon the artist on stage."

Built specifically as a concert venue from the ground up, Hagan said there is not a bad seat in the house. Any seat is between 60 and 70 feet from the stage.

"No one is really jammed up far under a balcony where they can't see anything. We haven't had to put TVs up in areas for people to be able to see the artists," Hagan said.

Depending on the show, the Pageant has five different variations for how the venue is

set up, according to Hagan. General admission on the main level seats 1,000; theater-like seating can fill 1,350 seats using both levels. For 1,500 capacity, tables and chairs are set up cabaret-style on both levels. For 2,000 to 2,300 individuals, tables and chairs can be taken out to allow for an open floor.

This venue sets itself apart from the others in the area through its two-tiered set up and unique location in the Delmar Loop.

Set on the east side of the Delmar Loop in St. Louis, The Pageant has contributed to the success of the area, according Hagan.

"We are kind of the anchor of this area, and a lot of the businesses have really sprung up around us and helped develop the area," Hagan said.

Kari Williams can be reached at kwilliams@alestlelive.com or 650-3527.

Fubar

The bright black and purple sign scrawled across the front window of Fubar presents a rugged, yet inviting atmosphere that gives off a local flair.

Located in St. Louis on Locust Street near St. Louis University and Harris-Stowe University, Fubar welcomes both local and regional bands that rock the small-scale stage as if it were Madison Square Garden.

Stepping into the undersized foyer, one gets a perfect view of both the lounge and the venue itself. Old band flyers and posters are plastered on the walls of lounge above the bar and the rustic tables and booths.

The dimly lit venue adjacent to the lounge sends off energetic vibes that make one feel as if he or she is in for the show of his or her life, regardless of the level of talent on stage.

Complete with a stocked bar in the over-21 years of age lounge and the bar near the stage, Fubar gives local bands a place to call home.

The all-ages venue has played host to local metal bands such as BAME! and Irie, as well as Edwardsville/Collinsville based bands I Have a Bomb and Everything Went Black.

SIUE Battle of the Bands first place winner The Matt Rowland Band will play with Copperview and Sunday But Summer on

March 12.

Promoters such as Mike Judy, owner of Judy Productions, have brought in such bands as the Tennessee-based Kill the City and will have Eyes Set to Kill playing on March 29 with From First to Last, Sleeping with Sirens, Confide, Black Veil Brides and I Hide From Skyscrapers.

The area for the crowd, though rather small, will suffice for a mosh pit if the mood is right or for the crowd to feel the music and move as they see fit.

A vibe of excitement and pure energy reverberates as the music blares from the sound system, making the building vibrate and one's ears ring with delight.

The building itself was converted to its current form from the Olive Motor Company building, according to the Riverfront Times.

Many bands that have played at the venue left their mark on the building in one way or another. Most notably, Save the Penguins from St. Louis plastered stickers on the restroom walls. Numerous groups have scrawled their bands' names in a similar fashion.

Some could consider those acts a commemoration of a performance, or defacing a concert venue.

Local concert promoter Justin Poole said

that with the closing of many venues in the area, it is important for venues such as Fubar to remain open and support local music.

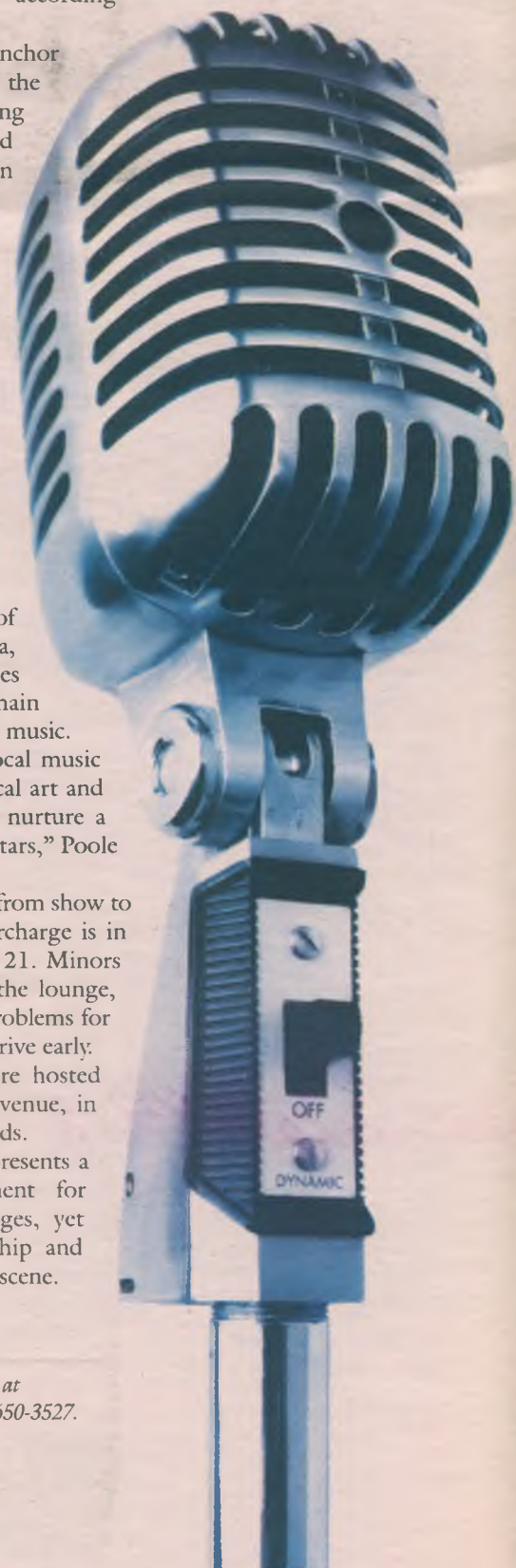
"By supporting local music you are supporting local art and helping to create and nurture a future generation of stars," Poole said.

Ticket prices vary from show to show, but a minor surcharge is in place for those under 21. Minors are not allowed into the lounge, which could present problems for those under 21 who arrive early.

Comedy shows are hosted once a month in the venue, in addition to having bands.

All in all, Fubar presents a welcoming environment for music lovers of all ages, yet finds a way to stay hip and relevant with the local scene.

Kari Williams can be reached at kwilliams@alestlelive.com or 650-3527.



Pop's Concert Venue

With lights flashing and music blaring, Adam Reynolds sings for his band I Have a Bomb. Pop's Concert Venue is hosting Badfish this Friday at 7 p.m. and Saosin this coming Wednesday.

Kari Williams/Alestle Staff



Sauget, located in the East St. Louis area, may be overridden with strip clubs and liquor joints, but one musical gem stands out from behind the industrial power lines of the area. Pop's Concert Venue is a bar, arcade and musical venue for all ages, with standing room, seated tables and a balcony.

When you walk up to Pop's, don't be discouraged by the rundown neighborhood. The sound and warmth of the concert within should be enough to draw you in. The instant you walk into the building, you see the band doing sound check or people playing pool and classic arcade games. It's the best of both worlds.

A snack and drink bar is available to customers as well. The audience can either sit at a table, in the balcony or stand in the "pit." The stage is almost within reach from the gate and the sound system is mind-blowing. The only problem with this is that the audience is very close to the speakers, resulting in the potential risk of hearing loss.

Compared to other venues, Pop's is in the middle with a capacity of 1400-1500 people. Concerts are all ages with a minor surcharge, but the club itself is for ages 21 and up and seems reluctant to appeal to a younger age group.

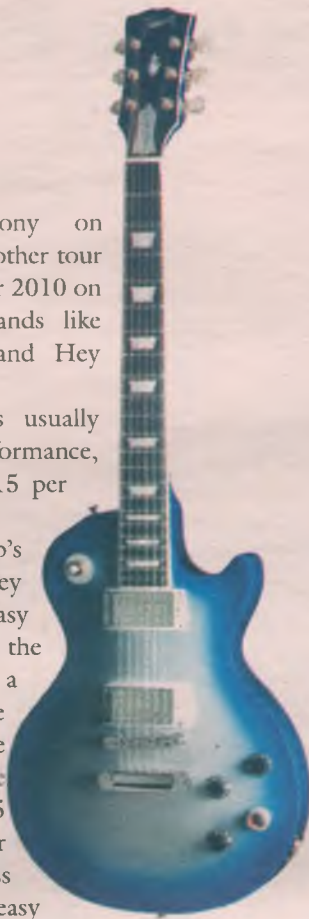
Pop's concerts are extremely diverse, ranging from hip hop to punk/alternative and even classic rock bands. Merchandise is usually available from the bands themselves, set up in stands right beside the stage.

On Friday evening, Badfish, the Sublime tribute band, plays at 7 p.m. This local band will be followed short by Saosin on Wednesday and then hip hop group

Bone Thugs-n-Harmony on Friday, March 26. One other tour stop will be the AP Tour 2010 on April 14, bringing bands like Never Shout Never and Hey Monday.

Tickets for shows usually depend on the performance, ranging from about \$15 per ticket to nearly \$40.

Overall, Pop's Concert Venue is homey and comfortable. It's easy to have fun and meet the band members for a concert at this venue since it's so casual. The bar drinks may be a little overpriced at about \$5 each, but it's made up for in the lack of snootiness from the workers. It's easy to sit down, have a meal, play some pool and watch your favorite band. Isn't that what it's all about?



Lindsey Oyler can be reached at loyler@alestlelive.com or 650-3531.

12

IS NOT THE NEW

21

Many children begin drinking as early as age 12. That's two years before they've tried geometry. Research indicates that children are less likely to drink when their parents are involved in their lives and when they report feeling close to their parents. So next time you complain about how fast they're growing up, consider that it might be in your power to slow them down.

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Now Rating: 'Shutter Island'

by Lindsey Oyler
Alestle A&E Editor

Martin Scorsese's name comes with a reputation of distinction, sophistication and independence. Alongside his past works such as "Goodfellas," "Gangs of New York" and "Taxi Driver," Paramount Pictures' "Shutter Island" shocks its audience into submission.

This bold movie sets a new standard for the thriller genre and pleases the audience with a combination of dramatic piano chords, a government conspiracy and its freakish sophistication.

Characters Teddy Daniels (Leonardo DiCaprio) and Chuck Aule (Mark Ruffalo) both act out their parts with such personality and professionalism. I admire their eye for detail. DiCaprio wears the ugliest tie I've ever seen (they later address this in the movie) and Ruffalo plays the sidekick so well, I'd hardly call it a supporting role.

The first thing I noticed about the movie was the color. The film is shot with a lower level of light for a sharper image, making it even more haunting and that much stronger of a film.

The second thing I noticed was the music. I felt like if I had closed my eyes for the opening theme, it would feel like I was watching "Star Wars" instead. It wasn't very noticeable unless you were listening for it, though.

The movie proceeds with excellent angles, as normal for Scorsese, and a murder mystery

atmosphere. The set itself was collegiate and dark, like "Clue." The first few scenes were full of detail, requiring the viewer's entire focus in order to understand the full plot.

What I did not like in this movie were the dreams. Daniels gradually enters a psychosis-like state throughout the movie, believing that he was drugged. He has "walking nightmares," or night terrors, which were too dramatic and unbelievable. Also, the acting in these scenes was so unrealistic and dramatic that it appeared to me as comical.

All questions and uncertainties are resolved in the last five minutes of the movie, and I wanted to face-palm myself because I should have seen it coming. Everything was so simple, and yet, I completely missed it. It was genius.

I probably won't watch this movie again for a while because it was so much to absorb in one sitting. However, I will eventually view it again to catch any of the wordplay and hints throughout the movie that Scorsese gives. The movie was a fantastic puzzle in itself, helping me to give it 4 out of five stars.



Lindsey Oyler can be reached at loyler@alestlelive.com or 650-3531.



MODULES

Student Leadership
Development Program &
Volunteer Services

Modules

2/23/10

Module 6, 2:00 p.m.
Assess Your Service & Leadership Style
Chay Lemoine, Consultant
Project READ
Board Room, MUC

2/23/10

Module 16, 6:30 p.m.
Developing Self-Esteem
Traice Webb, PhD.
Counseling Services, SIUE
Board Room, MUC

Leadership & Professional Skills Workshop – Sat. Feb. 27 – Free –
Pre-registration required at Kimmel Leadership Center

SLDP Reminders....

Volunteer Projects

February 27 – Angel Food (two locations)
March 18 – The Gardens @ SIUE
March 19 – The Gardens @ SIUE
March 20 – The Gardens @ SIUE
March 20 – St Vincent de Paul Thrift Store

Alternative Spring Break Trip – Cherokee Nation, OK, March 7-11

For more information and the calendar, contact the Kimmel
Leadership Center at extension 2686 or visit the website
www.siu.edu/kimmel/sldp or www.siu.edu/kimmel/sldp/volunteer.

SIUE Black Heritage Month February 2010 - Schedule of Events



Thursday, February 18

Health Fair: A Celebration of Health

10:00 AM – 2:00 PM
Goshen Lounge, Morris University Center
Come and celebrate your health through health screenings and evaluations. Learn how simple lifestyle changes and acquaintance with community health care providers can improve your health in 2010 and beyond.

Charles Drew Blood Drive

Feb. 18 – 11:00 AM – 5:00 PM
Conference Center, Morris University Center
Dr. Charles Drew, an African American physician and medical researcher, pioneered techniques for blood storage that made the development of large-scale blood banks possible. Dr. Drew also protested the practice of segregating blood on the basis of the race of the donor.

Saturday, February 20

Africa Night

6:00 PM – 10:00 PM
Meridian Ballroom, Morris University Center
Enjoy an evening of African culture through food, dance and entertainment.
Contact the MUC Information Center at 618.650.5555 for ticket information.
Sponsored by the African Student Association

Friday, February 19 - Sunday, February 21

Black Theater Workshop – The Journey to Freedom

Feb. 19 & 20 – 7:30 PM
Feb. 21 – 2:00 PM
Metcalf Theater

Artistic Director – Kathryn Bentley

Student Director – Curtis Lewis

This SIUE student created, performed and directed production is a potpourri of scenes, monologues, songs and poetry.

Saturday, February 20

Cougar Kids Saturday: Voyage through Africa

10:00 AM
Goshen Lounge, Morris University Center
Come celebrate Black Heritage Month with Mama Katambwa. All participants will have an experience with stories, songs, dances, instruments and characters that will be remembered while learning about African cultures and traditions.
Tickets: Free for the children of SIUE students; \$3.00 for children of faculty/staff. Tickets may be purchased at the MUC Information Desk.

Thursday, February 25

Demographic Changes and Their Impact on America

12:00 Noon – 1:00 PM
Goshen Lounge, Morris University Center
This panel will discuss how demographic shifts in the United States population will affect politics and culture in the coming decades.

Black Heritage Month Student Talent Show

7:00 PM – 10:00 PM
Meridian Ballroom, Morris University Center
Come watch SIUE students as they take their turn on stage showcasing their singing, dancing, poetic, and musical talents.

SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE

All events are free unless otherwise noted. Contact the Kimmel Leadership Center at 618.650.2686 for additional information. All events are subject to change. Black Heritage Month is sponsored by the Campus Activities Board.



Upcoming Cougar Events:
Thursday, Feb. 18 Softball at Jacksonville State - 3 p.m.
Thursday, Feb. 18 (M) Basketball at North Dakota - 7 p.m.
Friday, Feb. 19 Baseball at Central Arkansas - 3 p.m.

Questions or comments regarding this section?
Contact Sports Editor Allan Lewis at
650-3524 or sports@alestlelive.com

Club Hockey prepares for playoffs

Team will battle Saint Louis University in quarterfinals Friday



SIUE Club Hockey players Mike Dolan, Tim Dolan and Daniel Guarino celebrate a goal against Saint Louis University earlier in the MACHA hockey season. The Cougars and Billikens meet again Friday in the first round of playoff action at the Owens Center in Peoria.

by T.J. Cowell
Alestle Sports Reporter

This weekend, the SIUE hockey Gold team will participate in the Mid-America College Hockey Association Playoff Chase. After finishing the regular season with an overall record of 20-4-1-1 and an 11-3-1-1 mark in MACHA play, the Cougars will head to Peoria and face Saint Louis University in quarterfinal playoff action.

Success is not something that has come overnight for SIUE hockey, for a good portion of the season the Cougars have been ranked as one of the top teams in their respective league. Currently, the SIUE Gold squad is 15th in the American College Hockey Association Central team rankings, a feat they have not accomplished since the 07-08 season.

This says a lot for the Cougars, as the last four MACHA National Champions have come from the Central region. Rankings are

determined by a variety of factors, including schedule strength, comparative scoring and overall record.

The team also has several players atop of league statistic charts. Junior right wing and team captain Mike Dolan leads the league with 44 player points. Dolan said his team is where it needs to be both mentality and physically for this weekend.

"I am fairly confident going in against [SLU]," Dolan said. "This year's has not been just one guy who we count on to step up like in years past. The best part about that is we can count on guys to step up and contribute."

Dolan said his team is like a fraternity, a fun group of guys who work hard. But when the Cougars step on the ice, it is all business. Friday will not be the first time the Cougars have faced their St. Louis foe. SIUE knocked off the Billikens twice already this year, first by a score of 11-1, then 3-1 in a later game.

Dolan said the key to success against SLU thus far

was aggressiveness.

"A lot of the team is the same as it was last year," Dolan said. "Some of the younger guys have a year under their belt. Next year, we will have the same team as well."

Part of that future of SIUE hockey lies in sophomore right wing Jared Ippolito and freshman center Alex Edwards, who are both expected to contribute at a high level for years to come.

"Our offense is going to have to produce in order for us to come out on top," Ippolito said. "We want to score goals and bring home a championship. Moving the puck and teamwork has led to success throughout the year; hopefully we can keep it going this weekend."

Although SIUE has not played at the Owens Center this season, Edwards said it should not affect the Cougars chances this weekend.

"I don't think the rink really matters that much," Edwards said. "Unless you have a lot of fans, that's the only thing that I would think could

change the atmosphere. We've either split or beat every team in our league. We know we can hang with these teams."

Over the course of the season, SIUE earned 24 team points while competing in sixteen games against MACHA opponents, good enough for a fourth place ranking heading into Friday's contest. This year's playoffs will be at the Owens Center in Peoria.

Since the Cougars are ranked fourth and SLU fifth for Friday afternoon's 2:00 p.m. puck drop, the Cougars will play the quarterfinal game as the home team because they are the higher seed.

If the Cougars win on Friday, they will advance to face the top two seeds in either Missouri State University (2:00 p.m.) or the University of Iowa (8:00 p.m.) in Saturday action. With a victory in either of those two games, SIUE would advance to the championship, held Sunday afternoon at 1:00 p.m.

T.J. Cowell can be reached at tcowell@alestlelive.com or 650-3524.



Ohio Valley Conference Men's Basketball Standings	
Murray State	25-3 (16-0)
Morehead State	18-8 (12-3)
Eastern Kentucky	18-9 (10-5)
Austin Peay	15-12 (9-6)
Eastern Illinois	15-11 (9-7)
Tennessee Tech	13-14 (7-9)
Jacksonville St.	11-15 (7-9)
Tennessee St.	7-20 (4-11)
SEMO	7-20 (3-13)
UT Martin	4-22 (1-15)
SIUE	3-21 (0-5)

Tuesday's game	
Eastern Ill. 83	UT Martin 68
Murray St. 80	SEMO 68
Thursday's games	
SIUE at N. Dakota	
Tenn. Tech at Ball State	

Ohio Valley Conference Women's Basketball Standings	
Eastern Illinois	18-8 (13-1)
Morehead State	19-8 (12-3)
Austin Peay	9-16 (8-6)
Eastern Kentucky	11-14 (7-8)
Tennessee Tech	12-14 (7-9)
Murray State	11-14 (6-8)
Tennessee St.	9-15 (6-9)
UT Martin	7-17 (5-9)
Jacksonville St.	8-17 (5-10)
SEMO	7-17 (4-10)
SIUE	7-19 (3-2)

Monday's game	
Tenn. Tech 76	Tenn. St. 73
Thursday's games	
J'ville St. at Austin Peay	
Eastern Ill. at UT Martin	
SEMO at Murray St.	

Ohio Valley Conference Softball Standings	
Jacksonville St.	2-0 (0-0)
SEMO	2-1 (0-0)
SIUE	1-2 (0-0)
Austin Peay	0-0 (0-0)
Eastern Kentucky	0-0 (0-0)
Eastern Illinois	0-0 (0-0)
UT Martin	0-0 (0-0)
Tennessee St.	0-0 (0-0)
Murray State	0-0 (0-0)
Tennessee Tech	0-0 (0-0)
Morehead St.	0-0 (0-0)

Sunday's games	
J'ville St. 5	Wright St. 4
J'ville St. 7	Indiana 6
SIUE 1	W. Kentucky 0
Thursday's game	
SIUE at J'ville St.	

Owens Center - Peoria

No. 4 SIUE Gold vs. No. 5 Saint Louis (2 p.m. Friday)

No. 3 Illinois State vs. No. 6 Missouri (8 p.m. Friday)

No. 2 Missouri State vs. Highest remaining seed (2 p.m. Saturday)

No. 1 Iowa vs. Lowest remaining seed (8 p.m. Saturday)

Championship (1 p.m. Sunday)

SIUE notches first dual win of season

Cougars defeat Campbellsville, but lose to Indy and Findlay

by Levi Kirby
Alestle Sports Reporter

In a 21-20 victory against Campbellsville University, the SIUE Cougar wrestling squad, led by freshman A.J. Smith with three wins, racked up their first team dual victory of the season before heading into the conference tournament.

At the Greyhound Duals on Sunday in Indianapolis, SIUE went 1-2 in their duals. The Cougars beat Campbellsville, but fell to the University of Findlay, 3-41, and the University of Indianapolis, 12-30.

SIUE Head Coach David Ray said the team was wrestling well headed into the conference tournament and said he was impressed with the individual progress that was made during the course of the season.

"They're all competing hard and doing very well. They've got confidence going [into the tournament]," Ray said. "A.J. Smith has won a lot of matches lately. Brendan [Murphy] is doing very well. [David] Devine is a very good heavyweight and has won some matches lately. Steve Ross is another guy wrestling well. Kyle Lowman got a win and so did Lenny Kuspa. They all know if they wrestle up to their potential they can be successful."



Hunter Creel/Alestle

Freshman A.J. Smith racked up three wins this weekend, as SIUE competed in the Greyhound Duals. Smith defeated opponents from the host Indianapolis University along with the University of Findlay and Campbellsville University. As a team, SIUE went 1-2 on the weekend, with their lone win coming against Campbellsville.

In the win against CU, both the Cougars and the Tigers had five wins apiece. However, with a major decision by Smith (197 pounds) against Diante Wright of CU, along with a technical fall by SIUE's 157-pound sophomore Steve Ross, the Cougars edged out their competition.

"I didn't wrestle to the best of my abilities, and I was lucky I was in better shape and more flexible [than my opponent] because it wasn't my skills that did it," Smith

said. "As for the team, I'm so happy we have a win under our belt. After facing stiff competition and wrestling five Big Ten [Conference] teams, we finally got what we wanted."

Ross, who landed the technical fall against CU, agreed with Smith and said it was nice to finally get a victory with the whole squad.

"It felt pretty good," Ross said. "It was definitely nice to see all our hard work from the whole

season pay off as a team win."

Against Findlay, Smith had the only Cougar win of the match, defeating Daniel Stevenson 7-2.

Smith, again, won his match in the dual against Indianapolis. Freshman David Devine landed a forfeit win, but the only other win on the mat for SIUE came from freshman Lenny Kuspa, who defeated Nick Smith of UI, 5-2.

The only contest left for the Cougars in the 2009-2010 season

is the National College Wrestling Association North Central Conference Championship, followed by the NCWA National Tournament.

Smith said, despite his wins in the last few meets, he still has a lot of preparation to do in these next two weeks to get ready for the season-ending tournament.

"I need these next two weeks to work on some soft spots in my technique," Smith said. "And most of all to unwind before going out big at conference and nationals."

The Conference Championship is at 10 a.m. Feb. 27 in Allendale, Mich.

The top contenders from the conference tournament will head to the NCWA National Tournament from March 11-13 in Hampton, Virg.

Ray said besides recruiting, he plans on focusing on one thing at a time to finish off this season strong before looking ahead to next season.

"I won't talk about anything for next year until [the team] is done with this year," Ray said. "We're focusing on the conference tournament in two weeks, then we'll focus on nationals two weeks after that..."

Levi Kirby can be reached at ekirby@siue.edu or 650-3524.

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View from the sidelines

No need to panic about softball team's start



by Allan Lewis
Alestle Sports Editor

The talk heading into the new softball season has revolved around SIUE's past success and current inexperience fielding just two seniors after losing five.

At South Alabama University's season opening Mardi Gras Invitational, the Cougars went 1-2, probably coming home with a slightly worse record than the team would have liked. Do we hit the panic switch already? After all, last season's Cougars went 40-10 and steamrolled almost everything in their sight with reckless abandon. They even knocked off a Big 12 powerhouse, the University of Missouri.

Simply put, the answer is no, but starting out the season with two losses comes as somewhat a surprise, given the near invincibility this team possessed the last five years.

After Friday's season opener was canned due to inclement weather, the Cougars started off a day late and a buck short, dropping a 4-2 decision to Lipscomb University. Later in the day, SIUE had to take the diamond again and the outcome was just as unfavorable with Samford University knocking them off 10-6.

SIUE found stability Sunday, beating Western Kentucky University with a collective sigh

of relief.

Maybe the Cougars are not invincible and maybe an encore of 2009 isn't in the cards, but they will get their fair share of wins.

Neither of SIUE's losses were anything to raise a huge flag over. Lipscomb started the season with just as much confidence as SIUE and arguably more experience, returning all of their starters. The Bisons went 39-14 a season ago and 15-5 in the Atlantic Sun Conference. While Samford is a slightly different story (21-30 in 2009), they were picked fifth in the Southern Conference pre-season poll and earned an impressive 7-1 victory against the University of Mississippi in fall play.

Good pitching wins ballgames, and finding success on the diamond for SIUE begins at the back end of the rotation.

The most noticeable piece missing from SIUE's team last season is pitcher Kaitlin Colosimo. Although softball Head Coach Sandy Montgomery already has an adequate replacement in junior Erika Taylor lined up for the graduated hurler, production from the rest of SIUE's pitchers remains a mystery.

Last season, Colosimo had one of the most impressive lines I have ever seen from a pitcher at any level: 19-4, 22 complete games, 10 shutouts, a 1.00 ERA, 152 strikeouts compared to 20 walks in 174.1 innings pitched. You would be hard pressed to find many teams out there capable of shutting her down. Taylor, on the other hand, served last season as the apprentice and heir to Colosimo's throne, putting up impressive stats of her own, going 17-6 with a 1.22 ERA.

In her two starts this season, Taylor has tossed two complete games, allowing four fourth inning runs to Lipscomb. She also

pitched a two-hit shutout, disrupted the Western Kentucky offense and got the Cougars their first win.

With ample run support, Taylor could be 2-0.

On the flip side, SIUE's second contest Saturday was a test for newcomers junior Ali Downing, a transfer from Indian Hills Community College in Ottumwa, Iowa, and freshman Lindsey Coleman. The two were roughed up, as Downing gave up seven runs (five earned) in six innings and Coleman three runs on three hits in one inning.

The SIUE offense did what it could to try and help out, but Samford's offense was too much to overcome.

Once SIUE gets the bugs out, this could prove to be another successful softball season. This team has the pieces in place to compete offensively, with seniors Lauren Zembruski and Chaleen Rumpf complimenting a promising cast of younger players.

The schedule remains tough for SIUE with Jacksonville State, the defending Ohio Valley Conference champions and NCAA tournament surprise from last year, coming up next. If SIUE keeps their heads up and plays good fundamental softball, another great season is definitely not out of the question.

Youth can be a destructive force to a college team in any sport. Keep in mind what happened to SIUE's volleyball team this season. For softball, and for the transition process, this year is it. The team is fast-tracked and primed to compete in championship events this season. If nothing else, 2010 will be a year of growing for when it really counts, and when it counts, watch out.

Allan Lewis can be reached at
alewis@alestlelive.com or 650-3524.



The SIUE softball team is off to a 1-2 start after their season-opening tournament in Alabama. If SIUE is going to be successful, they will have to get production throughout their pitching staff to replace Kaitlin Colosimo (above) who graduated.

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► INDICATES NO PASSES OR SUPER SAVER TICKETS

MATINEE MOVIE MAGIC for Moms (& Dads)
TUESDAYS — 1ST MATINEE OF EACH FRUITS

► **SHUTTER ISLAND (R)**
12:30 1:30 3:40 4:40 6:50 7:50 10:00

► **VALENTINE'S DAY (PG-13)**
12:40 1:20 3:30 4:15 6:20 7:30 9:20 10:20

► **PERCY JACKSON & THE OLYMPIANS: THE LIGHTNING THEFT (PG)** 1:00 3:50 6:30 9:30

► **THE WOLFMAN (R)**
12:45 1:50 3:20 4:20 6:10 7:10 9:00 9:50

► **FROM PARIS WITH LOVE (R)** 9:10

► **CRAZY HEART (R)** 1:15 4:50 7:40 10:15

► **DEAR JOHN (PG-13)** 1:10 4:00 7:00 9:40

► **WHEN IN ROME (PG-13)** 2:00 5:00 7:20 10:10

► **NO 5:00 7:20 OR 9:10 SHOWINGS WED 02/24**

► **THE TOOTH FAIRY (PG)** 1:40 4:10 6:40

► **3-D AVATAR (PG-13)** 12:50 4:30 8:00

*ADDITIONAL \$3.00 CHARGE FOR THIS 3-D EXPERIENCE

► **MET/SIMON BOCCANEGRA - ENCORE**
WEDNESDAY, FEBRUARY 24TH AT 6:30 PM

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--	--

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Applications are available in the Kimmel Leadership Center and are due on February 26. For more information visit www.siue.edu/cab

American Diabetes Association.
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Diabetes Education Program

9 a.m. to 1:30 p.m., Saturday, February 27, 2010
Morris University Center
Southern Illinois University at Edwardsville

Speakers & Topics:

Keynote Speaker

Martina Ritchhart, Ph.D.

'Accept, Adopt, Adapt: Principles for Coping with Diabetes'

Dr. Martina Ritchhart graduated from Oklahoma State University, completing her psychology training at the Tucson VA Medical Center. She was faculty for the Southern Arizona Psychology Internship Consortium before joining the staff at the St. Louis VA Medical Center where she currently works as a medical psychologist.

Speaker Sessions

Kevin Blinder, MD

'Diabetic Retinopathy: Diagnosis and Treatment'

Jenny Niemerg, Pharm. D.
'Diabetes Medications: Myths & Facts'

Goldie Peters, Pharm. D.
'ABC's of Diabetes'

Birgit Sterzl, RD, LDN.
'DASHing for Your Heart Throb'

FREE SCREENINGS: Foot Exams, Blood Pressure, A1c Testing

(limited space, advance registration recommended)

Enjoy speakers, vendor fair, screenings and FREE LUNCH!

9 to 9:30 a.m.

Registration

9:30 to 10:30 a.m.

Opening Presentation

10:40 to 11:15 a.m.

Speaker Session 1

11:25 to Noon

Speaker Session 2

Noon to 1:30 p.m.

Lunch

Vendor Fair

Screenings

To register, call Cathy at (888) 342-2383, ext. 6823 or chartmann@diabetes.org.

Sponsored in part by SIUE student activity fees & SIUE School of Pharmacy

**Alestle's Tuesday edition
now online**

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ELLA Speaker Series
Presents



John Burnside

author of "A Lie About My Father" (2006)

*MUC Hickory-Hackberry
Room*

*February 18
7:00pm - 8:30pm*

Funded in Part by Student Activity Fees

DOG SEES GOD:

CONFESSIONS OF A TEENAGE BLOCKHEAD

by BERT V. ROYAL directed by CHUCK HARPER

FEB 24-27 7:30 PM
FEB 28 2:00 PM



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Crossword Puzzle

Los Angeles Times

ACROSS

- 1 Held (on) by stitches
5 Cavalry weapon
10 Farm females
14 Multinational official currency
15 Starting unit
16 Retail come-on
17 Gear up for Halloween?
20 Heart-to-heart talk
21 Hurricane feature
22 Maui strings
23 Pin near the gutter
24 Per se
27 "Frankenstein" author Shelley
29 Swings around
32 Mahmoud Abbas's gp.
33 Navy ship letters
36 How ballerinas dance
38 Yokel resting in the woods?
41 Split up
42 "I figured it out!"
43 Withdrawal site, for short
44 Arcade games trailblazer

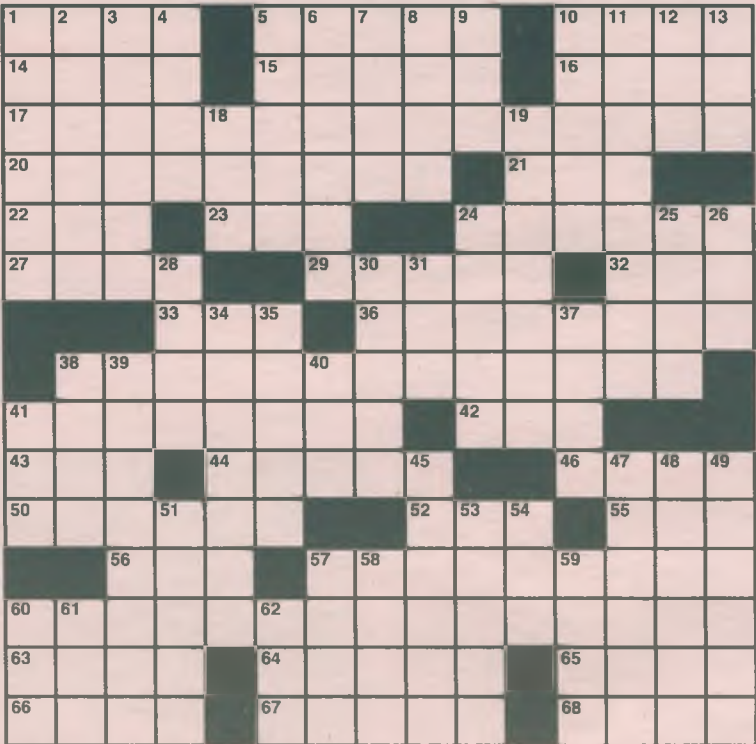
- 46 Univ. sports organizer
50 Any one of Cinderella's stepfamily, e.g.
52 Expert on IRS forms
55 Fest mo.
56 Wood of the Rolling Stones
57 Enter stealthily
60 Steals the dinner cloth from Garfield's lap?
63 Rink jump
64 Husband and wife
65 Ballesteros of the PGA
66 Queens team
67 Dental filling
68 Poetic tributes

DOWN

- 1 Facial wall that may be deviated
2 "Bingo!"
3 Columnist, e.g.
4 Alaskan gold-rush town
5 Cappuccino cousin
6 Capital north of the Sea of Crete

- 7 Nair rival
8 Batman accessory
9 Big bird
10 Annual sports awards
11 Be roused from sleep by, as music
12 Yale Blue wearer
13 D.C. bigwig
18 Put away
19 Handel oratorio
24 Health insurance giant
25 Roto-Rooter target
26 Weeding tool
28 Arizona city on the Colorado River
30 Soloist?
31 Game with Skip cards
34 Wrist twists, e.g.
35 Boot with a blade
37 Blueprint
38 ___ noire: bane
39 High-end, as merchandise
40 "Give ___ rest!"
41 Friend of Frodo
45 Summer drink with a lemon twist, maybe
47 Bopped on the bean
48 On the go

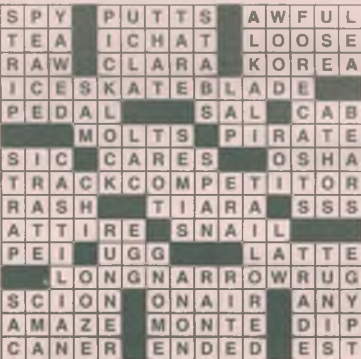
Edited by Rich Norris and Joyce Lewis



By Kurt Mueller

9/25/09

Answers: Thursday January 28, 2010



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SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: 1 2 3 4

				9	7			2
						1		4
	9		1	6			5	
						2		
		2	4	3	1	7		
		1		7				
	2			1	8		6	
6		8						
9			2	4				

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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Answers: Thursday January 28, 2010

1	6	7	2	9	5	3	8	4
9	4	8	1	6	3	5	7	2
5	2	3	8	7	4	6	9	1
4	7	9	5	3	6	1	2	8
2	5	1	4	8	9	7	3	6
8	3	6	7	1	2	9	4	5
3	9	2	6	4	1	8	5	7
6	8	5	3	2	7	4	1	9
7	1	4	9	5	8	2	6	3

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February 26

March 26

April 30

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February 24

10 AM-7 PM

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SOFTBALL

HOME

GUESTS

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at the SFC Front Desk

Dive In Movie

SFC Indoor Pool

February 19

At 7pm

PLANET 51

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SIUE Campus Rec

Classifieds

16

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Thursday, February 18, 2010

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